

# CREIDIMID

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LIMERICK DIOCESAN ADVISORY SERVICE

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## April Feast Days

- 5 Palm Sunday
- 9 Holy Thursday
- 10 Good Friday
- 11 Holy Saturday
- 12 EASTER Sunday
- 19 Divine Mercy Sunday
- 23 St George
- 25 St Mark
- 29 St Catherine of Siena
- 30 St Pius V



*I have said this to you, that in me you may have peace. In the world you have tribulation, but be of good cheer, I have overcome the world. John 16:33*



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# Spiritual Communion

During this time when Masses are cancelled, it is still possible to draw near to the Lord Jesus in Holy Communion. Although we are unable to receive Him in the usual way, by making an act of spiritual communion, we can place our hearts with Jesus in the tabernacle and open our lives to His Presence and Love.

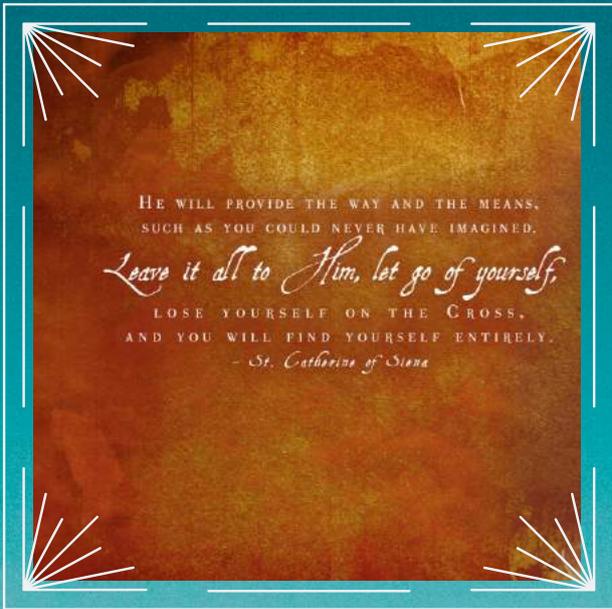
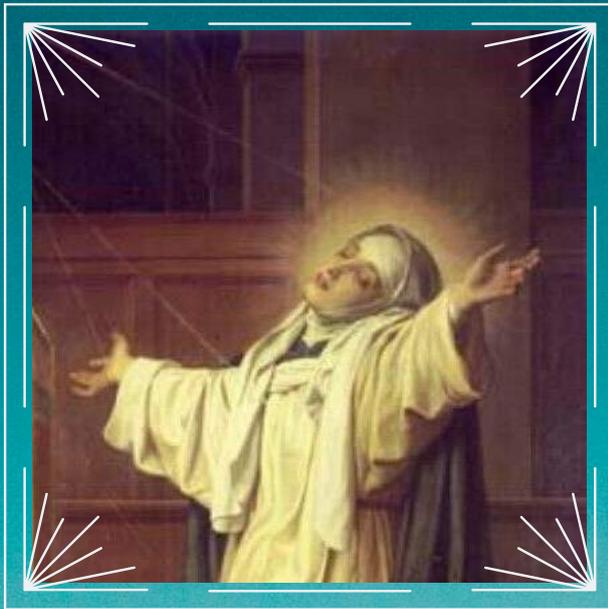


My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot receive You sacramentally at this moment, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.



# Why St Catherine is Amazing



St Catherine was born in the year 1347, a year before the Black Plague swept through Europe. It was a time of extreme suffering, fear and unrest. Her family lived in the Italian city of Siena and her father had a good business as a wool-dyer.



As a child *Caterina* was well-loved, both by her large family (she had more than 20 siblings!) and by her friends, among whom she was a natural leader. Early on she displayed a unique attraction to prayer and a deep understanding of the things of God. As a teenager she rejected her family's efforts to make her marry and instead retreated into a life of deep solitude and prayer with God. After three years living she emerged to serve the poor, the sick, and to guide many who came to share her work. Catherine joined a group of women attached to the Dominican Order and went on to instruct and admonish even the most powerful of princes, popes, and rulers. Catherine was tremendously brave and in her love for God and souls, she held nothing back. She died in the year 1380 in Rome, and her feast is celebrated on April 29.

**Saint Catherine of Siena, pray for us!**



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